

# Expectations After Your Hair Transplant

## 1. Immediately After Transplant

A hair transplant is minimally invasive with a short recovery time, but many people take 2-3 days off to rest. After the procedure, both the donor and recipient areas will begin healing, and you may experience some discomfort, often relieved with over-the-counter pain medication.

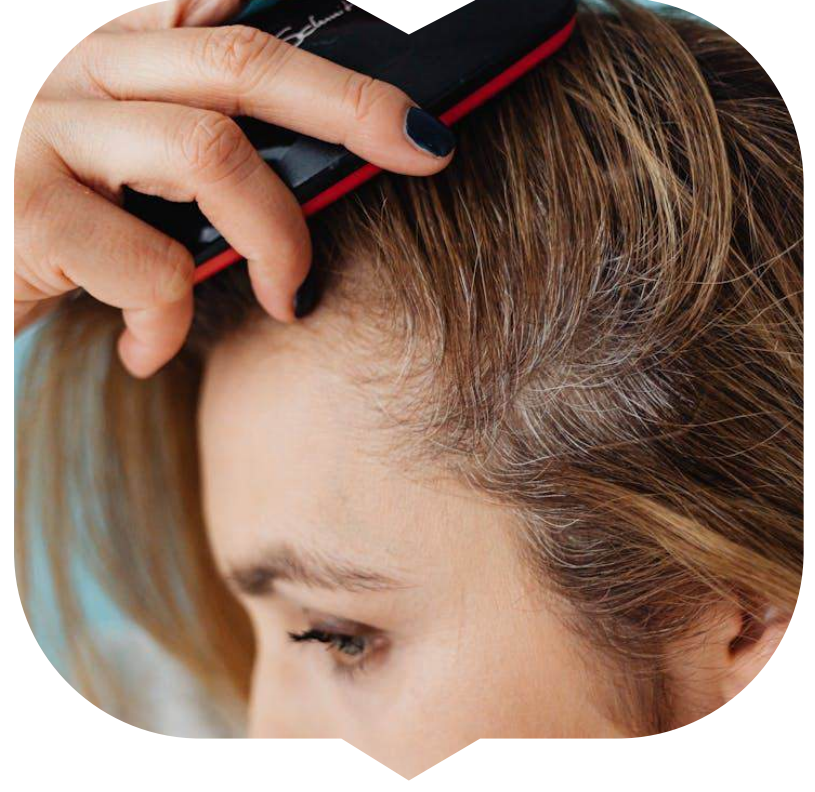


## 2. Two Weeks

At the two-week mark the post-restoration healing process is well under way. Any initial discomfort and swelling should have subsided, but you may still experience some redness and itchiness. Hair shedding is normal at this stage, as the new hair begins to grow and replace what was lost.

## 3. One Month

At the one-month mark, your scalp should feel much better, with any inflammation and redness gone. The transplanted hair may still appear patchy as it goes through different growth cycles, and shedding is normal. The donor site should also have healed, with new hair beginning to grow in. If any issues persist, it's important to reach out to your hair restoration clinic for advice.



## 4. Two Months

Two-month post-surgery the hair growth cycle will be continuing, how quickly or slowly this occurs depends on your unique situation. Avoid becoming overly concerned about the appearance of your transplant and instead allow time as your hair goes through the different phases of growth and begins to come in.

## 5. Three Months

This is an exciting time in the recovery process, as your new hairs will begin to emerge. These new hairs will be wispy and thin as they have not yet matured, this is normal and to be expected. The most important thing right now is replacing panic with patience.



## 6. Six Months

Good news – the hardest part is over. You finished both the procedure and the early months of recovery. Your days of patchy and thin, wispy hair are coming to an end. At this point you should notice your hair becoming thicker and stronger, you can expect this to continue.

## 7. One Year

The year mark is a great milestone to look forward to on your hair restoration journey. At one-year post-procedure you can finally see the result of your hair transplant surgery. The early thin, transparent hairs that you noticed at six months should have grown in, thickened and matured, blending well with the rest of your hair.

